

The Saher Herald

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Spangdahlem Air Base, Germany

www.spangdahlem.af.mil

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Royal Air Force trains on Spangdahlem flightline



Courtesy photo

Two Royal Air Force Tornado GR4 bombers taxi down Spangdahlem's runway Oct. 22. The aircraft and support units from the 9th Bomber Squadron, RAF Marham, were taking part in a two-week exercise to provide integration between British air and land forces.

by Staff Sgt. Logan Tuttle
52nd Fighter Wing Public Affairs

A portion of Spangdahlem's flightline was a temporary home for a group of British Tornado GR4 bombers for a two-week exercise, continuing the base's tradition of cooperating with international allies.

The jets came from the 9th Bomber Squadron at Royal Air Force Marham in Norfolk, one of the RAF's oldest bomber squadrons. The purpose of the training was to practice air and land integration. This will prepare the squadron to assist the 20th Armoured Brigade of the British Army with close air support and target designation for future deployments. The 20th Brigade is stationed in Paderborn, Germany, and the 9th selected

Spangdahlem specifically to train in-country with their British Army comrades.

"We deploy all the time. This is a good, short, punchy exercise," said Squadron Leader Tim Rand, a senior engineer officer with the 9th BS.

The bomber squadron members said the training has been useful, and they feel they have performed well preparing their aircraft, getting aircraft into the air and performing their mission.

"We only have a short amount of time to takeoff, and this exercise has gone very well," said Cpl. Simon Hutchings, a weapons technician and flightline supervisor with the squadron.

Many of the RAF members partici-

See RAF, Page 3

Trick Or Treat

by Staff Sgt. Kristin Ruleau
52nd Fighter Wing Public Affairs Office

It's almost Halloween, and that means children are ready to transform into ghouls and goblins and will be starving for candy. Protect your little witches, princesses and ninjas this year by following some of the basic safety principles.

While preparing children's costumes, keep safety in mind. Make sure mask eyeholes are large enough to allow full vision, and costumes and candy bags are light-colored and have reflective tape or belts. Costume components should be made of flame resistant materials such as nylon or polyester with labels that read "flame resistant."

Accompany children while trick-or-treating and don't allow them to enter strangers' homes. Have flashlights ready and remember to watch for cars when crossing the street. Parents should ensure all candy loot is wrapped and sealed. Trick-or-treating hours are from 6 - 8 p.m. for all government housing.

The Spangdahlem Air Base Commissary will feature costume contests for ages 0-12, Oct. 29-31. The top three will win \$75 in Oscar Meyer products. Potential participants can contact Jeff Rose at 452-6241 for more information.

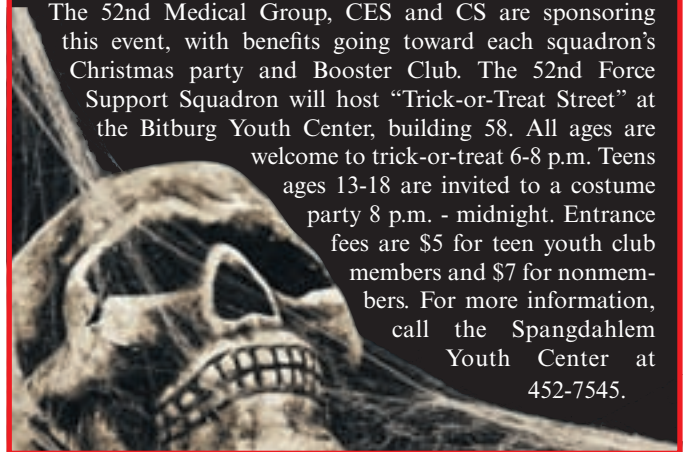
The Bitburg Air Base Commissary will be hosting an apple bobbing contest at 10 a.m. Oct. 31. Prizes will be given out for the winner and for the top three best costumes. For more information, contact Ernestina Vasquez at 452-9135.

Get spooked at the haunted house from 6 p.m. - midnight Oct. 30-31 in the Bitburg French Kaserne. Cost is \$3 for children and \$5 for adults. Youths are welcome to trick-or-treat from 6 - 7 p.m. and the Bitburg gate will be open for local nationals from 7 p.m. - midnight Oct. 31.

During the trick-or-treat portion, the actors will leave the lights on and hand out candy to children.

The 52nd Civil Engineer Squadron and Communications Squadron will have booths selling food and beverages. The 52nd Medical Group, CES and CS are sponsoring this event, with benefits going toward each squadron's Christmas party and Booster Club. The 52nd Force Support Squadron will host "Trick-or-Treat Street" at the Bitburg Youth Center, building 58. All ages are welcome to trick-or-treat 6-8 p.m. Teens

ages 13-18 are invited to a costume party 8 p.m. - midnight. Entrance fees are \$5 for teen youth club members and \$7 for nonmembers. For more information, call the Spangdahlem Youth Center at 452-7545.



52nd Fighter Wing Responsible Drinking Scoreboard

Last DUI: Oct. 24; 606th LRS

Last ARO: Oct. 4; 52nd SFS

Last week's accidents:

Major vehicle accidents: 5

Minor vehicle accidents: 14

Last DUI
7 days ago



Ramstein sets the stage for expeditionary training

... see Page 5



Redskins cheerleaders visit Spangdahlem

... see Page 6



Weekend weather



Nov. 1
Cloudy/rainshowers

High 7 C / 45 F
Low 2 C / 36 F

Nov. 2
Cloudy/rainshowers

High 9 C / 48 F
Low 4 C / 39 F

Top Saber Performer



Name:

Airman 1st Class
Kayla McCulley-Bunning

Unit:

52nd Medical Support Squadron

Duty title:

Outpatient records and
appointing clerk

Hometown:

Thornton, Colo.

Years in service:

One year

Why joined:

To make a better life for myself

Family:

My goofy husband, Danny, who will hopefully be joining me next year, and my rambunctious dog, Barley

Hobbies:

I love to run and play football with my husband.

Favorite aspect of job:

I love the high-tempo pace and patient interaction.

Most memorable Air Force experience:

I drove a lieutenant colonel and a major to the airport because their ride didn't show up, and they only had two minutes to get there. When I dropped them off, one of them gave me the patch off his shoulder to say thank you. That was the first time I had ever gotten a token of appreciation from another Air Force individual.

Commentary

Honoring the American flag

by Tech. Sgt. Davina L. Armbruster
52nd Fighter Wing protocol office

As members of the armed forces, we are taught from day one when and how to pay respect to our nation's flag – in and out of uniform.

Most of us grew up knowing the American flag was an important part of our country's pride and heritage. No doubt, people around the world recognize our flag and that it symbolizes the U.S. and the freedoms Americans hold most dear.

Do we, however, as American citizens, truly honor our flag and cherish it in the manner it deserves? I think, as military members, we do more than most, but even we sometimes rest on our laurels. Don't let this happen to you. There are many ways military members respect the American flag.

One specific way is by salut-

ing it. When, where and how we salute the American flag depends on whether or not we are in uniform, civilian clothes, indoors or outdoors.

While in uniform, salute the flag as it passes in a parade or when it is draped over a casket in a funeral procession. Also, render a salute when present for the raising and lowering of the flag.

It is appropriate for civilians and military members not in uniform to informally salute the flag when uniformed servicemembers are required to do so.

An informal salute is done by placing the right hand over the heart.

Men wearing head gear should remove it and hold it over their left shoulder, with hand over heart. When the national anthem and Pledge of Allegiance are played, spoken or sung outdoors, everyone should stand respectfully at atten-

tion and formally or informally salute, depending on attire. The salute is directed to the flag, if displayed, otherwise to the music. Folded or cased flags are not saluted. Each of us should be aware of retreat protocol at Spangdahlem. When you hear the German and American national anthems, stop what you are doing and show respect to both our great nation and theirs – render the proper salute. The American flag is a symbol; it signifies justice, liberty and democracy. It embodies everything we as a country stand for and cherish.

We all have a tendency to grow complacent because of everything going on in our busy lives.

Civilians and armed forces alike – honor and show those who have sacrificed so much for all of us the gratitude they undeniably deserve.

Honor the American flag. Respect it, cherish it, love it.

Military pets can fetch AAFES shopping spree

The Army & Air Force Exchange Service is giving military pet owners the opportunity to crow and bark about their four-legged friends and what they mean to them. The Patriot Family Pet Photo Contest, which runs through Dec. 15, allows pet owners to submit a photo of themselves or family members with their pet along with a 50-word or less description of their furry friend.

"When you're responsible for making sure BX/PX shelves across the globe have the treats and toys animals need, you quickly realize that pets are a big part of our extended patriot family," said Chief Marketing Officer Mat Dromey. "This unique contest gives pet owners of all ages the chance to show others, both through photos and words, why their dog, turtle, cat or any other animal that provides companionship is such a special part of their home."

The grand prize winner will get their paws on a \$1,500 AAFES shopping spree. Additional prizes include a \$1,000 shopping spree for first place, two second place \$500 awards and two third place \$350 shopping sprees.

In addition to the monetary prizes, the winning photos will be featured in future AAFES advertisements as well as on Exchange TV, AAFES' in-house television network.

To participate in the Patriot Pet Photo Contest, shoppers can send entries to PatriotFamily@aafes.com with "Patriot Family Pet" in the subject line.

Entrants must include their name, address, phone number, rank/occupation and pet's information (name, breed or type of pet) in the e-mail.

More contest details can be found at www.aafes.com.

~~The Saber Herald~~

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Col. Tip Wight

Accessing Direct Line

The Direct Line program is a way to get answers to questions you still have after using your chain of command.

Direct Lines of general interest will be published in The Saber Herald and may be edited or paraphrased for brevity or clarity. Submit your Direct Line via:

- DirectLine@spangdahlem.af.mil
- Mailed to 52nd FW/PA, Unit 3680 Box 220, APO AE 09126
- To PA in building 23
- Concerns may also be sent via fax to 452-5254

Anonymous inputs are accepted. To receive a personal response, you must include your name and phone number. Call The Saber Herald at 452-5244 for more information.

Spangdahlem hosts Town Hall meeting

Staff Reports

Sabers had plenty to talk about at the 52nd Fighter Wing's Town Hall meeting Oct. 23. Some of the issues were construction of new facilities, implementing new programs and moving Sabers from one base to the next in an organized manner.

"(The) Town Hall meeting was held so we could tell the community what's happening with the Bitburg 2015 plan, the move from Bitburg to Spangdahlem. (We also talked) about that housing construction, the (Military Construction) program, the housing plan (for) the move from Bitburg to Spangdahlem and moving the folks from the Spangdahlem housing units into the new housing," said Lt. Col. Rex Adee, 52nd Mission Support Group deputy commander. "We also (talked) about our child care programs, our youth programs, our after-school programs, and what we do to help the community on what's available for them as we go through this transition in time."

But just like many changes, adjustments will not happen overnight.

"We ask the community to be patient as we work through the timeline and we go through the transition of closing the Bitburg housing and bringing folks onto Spangdahlem," Colonel Adee said.

This Town Hall meeting was also a way for Sabers to address their concerns and find new ways to work together to improve the community. New programs coming in line will be tweaked and will require a little patience, said Mara Wight, spouse of 52nd Fighter Wing Commander Col. Tip Wight.

"If we're not at 100 percent perfection, give us some feedback ... give the MSG feedback, give the wing feedback," Mrs. Wight said. "We have a variety of ways to give feedback to our leaders to make decisions ... either through the wing spouse's Web site, which is www.saberspouses.com. There is the commander hotline at AFN and it's anonymous, so if you have a comment, a suggestion, or just any kind of feedback, just get (it) to AFN and then we'll give that to the commander and you will definitely get feedback on that."

"Also, work through your chain of command ... through your command spouses, starting at your flight, then to squadron command, group command, and so on and so forth," she said. "But it's real important that we all are patient because sometimes, as they say, 'Rome was not built in one day.'"

Mrs. Wight also said there will be a Spouse's Call at 10 a.m. Nov. 13 in the Willkommen Center, located in building 42 on Spangdahlem.

Colonel Adee addressed several questions during the meeting, one of which was seeing trash around the base or the defacement of base facilities.

"First of all, I would say that if you do see some defacing on a facility you need to let us know. Contact (the 52nd Civil Engineer Squadron) and they can go out and we can take care of maintaining our facilities because we have a very beautiful base and we want to make sure that it stays that way," Colonel Adee said. "Along those same lines, if there's trash that you see somebody throw down, or if somebody is smoking a cigarette and they throw the butt down, don't be afraid to go ahead and ask the person to pick up after themselves, but at the same point, don't walk past what you see."

"If you see a cup or a can on the ground, go ahead and pick it up and put it in the next available trash can. We all are responsible for taking care of our base and our community because we are a community," he said.

The mission support group deputy commander said he was pleased with the turnout for the meeting.

"I really appreciate the great crowd that we had tonight. I felt that we were able to answer a lot of questions and put to rest some rumors that are going on out there," he said. "But if at any time somebody has a question, feel free to contact us at the mission support group or through the (52nd Fighter Wing) Public Affairs Office and we'll try to get the answer out to you."

(Staff Sgt. Lovely Nerijs, American Forces Network, Detachment Nine, contributed to this article)



Courtesy photo

American and British maintainers work together to prepare a Tornado GR4 Bomber Oct. 20. The Royal Air Force sent members of the 9th Bomber Squadron, RAF Marham, to Spangdahlem to participate in a two-week exercise to provide integration between British air and land forces.

RAF, from Page 1

pating in the exercise said they have worked with Americans before, and several have been to Germany.

Corporal Hutchings said he enjoys being able to get out and try new things, and his previous experience working with Americans included a five-week exercise in Las Vegas.

"It's always nice to be able to interact with other good guys," Mr. Rand said.

Several of the squadron members said they were impressed with the facilities and assistance Spangdahlem was able to provide.

"It's a great base with great people. Everyone's been very helpful," said Senior Aircraftsman Mark Beyer.

AAFES gives troops chance to set sail with Mickey and friends

The Army & Air Force Exchange Service and Sandberg & Sikorski Jewelry are teaming up to provide military families the opportunity to win a magical four-night Disney cruise for four.

The total value of this AAFES-only prize package, which offers a unique vacation experience every member of the family will feel was created exclusively for them, is approximately \$10,000.

"The 'happiest place on earth' is now giving AAFES shoppers the opportunity to experience the wonder at sea," said Chief Marketing Officer Mat Dromey. "One lucky family will pack a treasure trove of magical memories into an unforgettable four-night getaway."

Until Dec. 24, authorized exchange shoppers at participating stores worldwide can register for their chance to win AAFES' Disney cruise getaway, which will be awarded around Jan. 28.

Spangdahlem Air Base's BX is participating.

No purchase is necessary as shoppers need only fill out an entry form at participating locations for their chance to win. Personnel with exchange privileges can find contact information for the PX/BX nearest them by logging onto the store locator link at www.aafes.com.

Incentive Flight Program



U.S. Air Force photo/Airman 1st Class Nathanael Callon

Tech. Sgt. Lindley D. Hummel, 52nd Force Support Squadron, prepares to take an incentive flight Oct. 17. Sergeant Hummel earned his incentive flight for his selection as 2007 Air Force Base Level Manpower and Organization Noncommissioned Officer of the year.

Name: Tech. Sgt. Lindley D. Hummel

Unit: 52nd Force Support Squadron

Duty title: Manpower technician

Hometown: Philadelphia

Years in service: 19

Why joined: Travel, education and career

Family: My beautiful wife, Emiley, and our awesome children, Isabel and Tristan

Hobbies: Triumph Motorcycles, four-wheel driving, Great Danes, mountain biking, traveling, O Gauge trains and coaching youth soccer

Most memorable AF experience: Being stationed in Iceland and all of the experiences gained from that assignment

Favorite aspect of job: Helping commanders manage their authorizations

Favorite part of F-16 flight: Doing barrel rolls

Previous flying experience: Space Available passenger on C-5 Galaxy, C-17 Globemaster, C-9 Nightingale, C-21, KC-10 Extender and Army Blackhawk helicopter

What award earned the flight: 2007 Air Force Base Level Manpower and Organization Noncommissioned officer

Any advice to future fliers or advice received before flight: Be yourself and pay attention to the preflight training and information.

Description of experience: I finally lived the "Aim high" television commercial – that featured F-16 Fighting Falcons – that got me to join the Air Force.

Name: Staff Sgt. Montrell Bryant

Unit: 22nd Aircraft Maintenance Unit

Duty title: Crew chief

Hometown: Augusta, Ga., and Ft. Lauderdale, Fla.

Years in service: Almost six years

Why joined: Travel and education

Family: My wife, Tameika, and son, Amir

Hobbies: Spending time with my family, video games and remote-controlled cars

Most memorable AF experience: Knowing the maintenance I performed on a jet will allow a pilot to go up and do his job and return home safely

Favorite aspect of job: Cool temporary duties, such as airshows, this incentive flight and meeting many people who have made good impressions on my life.

Favorite part of F-16 flight: Being above the clouds, pulling 7Gs, the great scenery and having Capt. Travis "Bandit" Keenan as my pilot

Previous flying experience: None

What award earned the flight: Maintenance Superior Performer

Any advice to future fliers or advice received before flight: Hydrate and just have fun. Also, it helps to breathe the way they tell you to.

Description of experience: It is like another world up there.



U.S. Air Force photo/Airman 1st Class Allen Pollard

Staff Sgt. Montrell Bryant, 22nd Aircraft Maintenance Unit, prepares to take an incentive flight Oct. 17. Sergeant Bryant earned his incentive flight for his selection as Maintenance Superior Performer.

This Week in History



Courtesy photo

Chief Master Sgt. Paul Wesley Airey

Nov. 1, 1998: The Air Force created the position of command chief master sergeant. Formerly titled senior enlisted advisor, command chief master sergeants serve as senior advisers to commanders at wing, Numbered Air Force, Field Operating Agency and Major Command levels.

Command chiefs advise the commander on all enlisted matters, including all issues affecting the command's mission and operations, and the readiness, training, utilization, morale, technical and professional development, and quality of life of all enlisted members in the organization.

Command chiefs are the functional managers for all chief master sergeants and first sergeants in their entire command or organization.

Although the Air Force had been an independent service since 1947, the rank of chief master sergeant did not exist until the authorization of the Military Pay Act of 1958. This act established the pay grades of E-8 and E-9, but did not have specifying titles for those pay grades.

It wasn't until late 1958 that the title of chief master sergeant, and the accompanying rank insignia, were approved.

The original chief master sergeant rank insignia (1958-1994) consisted of two chevrons on top, three stripes in the middle and three rockers on bottom.

Chief Master Sgt. Daniel M. Keane served as the 52nd Fighter Wing SEA/CCC from June 1997 - June 2000. As such, he is the only person to hold both the positions of 52nd FW senior enlisted advisor and 52nd FW command chief master sergeant.

More information is available on the history of the Air Force enlisted rank insignia at http://afhra.maxwell.af.mil/chevron_history/chevrons.pdf.

Ramstein sets the stage for expeditionary training



U.S. Air Force photo/Senior Airman Amber Bressler

U.S. Air Force Staff Sgt. Ty Bun (left) and Airman 1st Class Justin Cather, 100th Civil Engineer Squadron, Royal Air Force Mildenhall, England, detain a member of cadre, Staff Sgt. Chris Harward, 86th Construction and Training Squadron civil engineer operations instructor, in support of the Silver Flag exercise 09-01 on Ramstein Air Base, Germany, Oct. 7.

by Senior Airman Amber Bressler
435th Air Base Wing Public Affairs

It was a quiet, peaceful morning. Airmen were working hard to set up their living quarters, when suddenly, a bomb goes off.

The Airmen dropped what they were doing and raced to find cover as the smell of gunpowder filled the air.

U.S. Air Forces in Europe civil engineer Airmen participated in scenarios just like that during the field training portion of Silver Flag, an exercise held at Ramstein Air Base from Oct. 7 - 10.

"The purpose of Silver Flag is to prepare Airmen for any type of bare-base deployment, whether it is for a Global War on Terrorism mission or a humanitarian mission," said Master Sgt. Susan Wood, 86th Construction and Training Squadron services combat training manager. "The concepts are the same and the equipment is set up the same regardless of the mission being supported."

Hosted by the 86th CTS on a 44-acre field training site, Silver Flag 09-01 consisted of two training parts.

The first week involved 40 hours of classroom training specific to each Air Force Specialty Code.

"We give them a scenario and they have to plan on supporting a certain number of personnel," said Master Sgt. Michael Knox, 86th CTS exercise coordinator. "We make them give us very specific details on how all these things come together to build a base in an expeditionary environment."

The second week gave Airmen a hands-on opportunity to practice everything they learned in the classroom.

"The cadre tests us to see what we can do and how much we remember from the classroom training," said Airman 1st Class Justin Cather, 100th Civil Engineer Squadron heavy equipment operator from Royal Air Force Mildenhall, England. "You never know when the occasion is going to arise and you will need this training."

About 138 Airmen from 13 career fields – civil engineer, services, personnel support for contingency operations, judge advocate, medical, supply, logistics, contracting and finance

– participate in Silver Flag every 20 to 40 months. The exercise provides each career field with the opportunity to not only train with Airmen from other USAFE units, but also to hone their skills through unique exercise scenarios.

"War gaming gives Airmen a chance to practice the skills that are needed in a contingency environment," Sergeant Knox said. "We are here to support any given mission and each individual is extremely important in the major scheme of things."

On the runway, heavy equipment operators, also known as "dirt boys," filled in craters to make an operational runway while the electricians set up the airfield lighting.

"We trained with new equipment that just came online, such as the new remote lighting system," said Tech. Sgt. Chad Moore, 31st Civil Engineer Squadron electrical assistant craftsman from Aviano Air Base, Italy. "Coming out here helps us out a lot with training, especially for the new guys before they deploy. This gives them the opportunity for

hands-on training with new equipment in an expeditionary environment."

Elsewhere, firefighters went face-to-face with live-fire training, battling structural fire and rescue training scenarios.

"Rescuing a person in a fire situation gives you a very rewarding feeling," said Senior Master Sgt. Keith Jimmo, 65th CES fire chief from Lajes Field, Azores, Portugal. "It is very hard to explain why we do what we do except that we just want to help people in need and ensure no one gets hurt or dies when we can prevent it."

In the Emergency Operations Center, members of leadership also applied the skills they learned in the classroom during each scenario.

"One of the biggest challenges is taking Airmen from many different units and bringing them together as a team in a very short amount of time," said Lt. Col. Charles Kuhl, 52nd CES commander, Spangdahlem Air Base, Germany. "This team is fantastic. They have stayed motivated all throughout the exercise."

Redskins cheerleaders visit Spangdahlem

by Tyler Tucker and Jessilyn King

52nd Fighter Wing Public Affairs student interns

Short shorts and long legs appeared on the Brick House stage as the Washington Redskins cheerleaders came for a visit.

Spangdahlem Air Base was the second stop on a 10-day tour of European Air Force bases.

This was the 27th overall tour for the cheerleaders and the 25th for Donald Wells, director of entertainment and cheerleading for the Washington Redskins Organization.

“My favorite part of the tours is being able to interact with the troops, especially those in war environments; it gets them away from their job for a little while,” Mr. Wells said.

The cheerleaders pride themselves on providing the best shows they can possibly give to all troops and, if given the opportunity, their families as well.

“It is interesting to see how the troops and their families cope with living in a completely different culture,” said Buffy, a cheerleader who is on her first tour with the organization.

All of the women who donate their time to tour with the cheerleaders do not always have time to spare.

They all have either a full-time job, are full-time mothers or are full-time students in addition to participating in extensive training for the tours.

They do the tours strictly on a volunteer basis. Many of the women found military life new and exciting. They are drawn to the difference and complexity that military families go through – adapting to new environments, new cultures and new friends.

“It really is life changing,” Buffy said. “It makes us appreciate the little things that are often overlooked.”

Sabers who attended the show seemed to enjoy themselves as well.

“The cheerleaders show, by coming here, that they support us. It’s pretty cool,” said Airman 1st Class Kierra Turner of the 52nd Security Forces Squadron.

The cheerleaders said they enjoyed the tour and hope to return.

“My favorite part of the tours is getting to say thank you to the troops,” said the team captain, Tiffany. “Getting to experience international travel with 13 amazing women is another part of the tours that I cherish. I would like to do more tours. I would do all of them if I could.”

Although the cheerleaders have not been to Spangdahlem to perform in the past, they have gone to many locations overseas and inspired people all over the world.

“As a cheerleader at the high school, it was exciting to watch professional cheerleaders and see how they carry themselves,” said Kristin Boring, a cheerleader at Bitburg High School. “I hope to see them come back in the future.”

“My favorite part of the tours is being able to interact with the troops, especially those in war environments; it gets them away from their job for a little while.”

— Donald Wells,
director of entertainment
and cheerleading



Courtesy photos

A cheerleader from the Washington Redskins National Football League team dances on stage at the Brick House on Spangdahlem Air Base, Germany, Oct. 6. This tour was the 27th overall for the Washington Redskins Cheerleaders and the 25th for the director of entertainment and cheerleading for the organization.



Cheerleaders from the Washington Redskins National Football League team light up the Brick House stage Oct. 6 wearing uniforms that resemble those of the U.S. Armed Forces.

National radiologic technologist week

by Staff Sgt. Julie Shultz
52nd Medical Operations Squadron

People may not realize Germany is the birthplace of radiology. Wilhelm Röntgen discovered the X-ray while working in his lab in Würzburg, Germany, approximately three hours east of Spangdahlem.

The National Radiologic Technologist Week was created by the American Society of Radiologic Technologists to highlight the value and contributions of medical imaging professionals.

Each year, radiologic technologists celebrate the day Wilhelm Conrad Röntgen discovered the X-ray, Nov. 8, 1895. This year's week-long celebration, from Nov. 2-8, calls attention to the vital work technologists perform in the health care field on a daily basis and the highly technical images they produce.

This year's theme is "R.T.s: Every picture tells a story." These pictures or images play an important role in the medical process and the lives of the patients who require them. During the course of the week, Spangdahlem R.T.s are promoting the role they play in providing quality patient care and a safe health care environment with their knowledge of radiation safety and imaging expertise.

The Spangdahlem clinic employs six R.T.s and one radiologist who are responsible for the base medical imaging needs. Among the six R.T.s, two also specialize in sonography, imaging using



sound waves, and one in mammography, imaging used to examine breasts.

Air Force R.T.s are required to complete 14 weeks of Phase I training that consists of classroom instruction and works with X-ray machines and patient models.

They then move onto a 38-week Phase II program that provides actual patient care experi-

ence and on-the-job training. Upon completing the program and the quality control test, they are expected to complete a detailed national board exam for the Association of Registered Radiologic Technologists. R.T.s must also test their knowledge biannually with 24 continuing education credits in order to be compliant with the ARRT and uphold their licensure.

An R.T. must be proficient in the knowledge of radiographic exposure, anatomy and physiology, patient positioning, radiation physics and radiobiology, as well as the operation of specialized equipment and patient care. A career in radiologic technology offers many opportunities for advancement and continuous learning.

For example, a certified R.T. may further his or her education and go on to many different modalities such as computerized tomography, magnetic resonance imaging, nuclear medicine, ultrasound, radiation therapy and angiography. Radiologic technology is a very satisfying career that is constantly growing and changing due to advancing technology.

The Deutsches Röntgen-Museum is located in Remscheid, Germany, housing the world's only collection of X-ray devices from the past century. The museum is approximately two hours from Spangdahlem and offers guided tours on request. For more information, visit www.roentgen-museum.de or www.agermanyattraction.com/germany-attractions-qrntgen-museum.htm.

The USO deeply appreciates the individuals and organizations whose tireless efforts made it possible for the USO Warrior Center to open its doors following a Dedication Ceremony on October 21, 2008.

We extend our special thanks to our Principal Donors

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Off-base dental care made easy

by the 52nd Dental Squadron

Many changes have occurred at the 52nd Medical Group and Dental Squadron during the last year. Although the DS is committed to the highest levels of care for all members of the 52nd Fighter Wing community, some of the changes have limited family members' access to dental care. But that doesn't mean family members have to wait to receive timely, high-quality, dental care. Fortunately, the TRICARE Dental Program is available to take care of

active-duty family members' dental needs.

This is the same program available to family members while stationed in the continental U.S. One major difference is in Germany, members pay less out-of-pocket expenses for most care than state-side.

In fact, most routine care doesn't require a co-payment. Hundreds of family members have already taken advantage of this program and the feedback has been excellent. There are many benefits available to those who have signed

up for the program. Not only does it cover the care provided here in the local area, but it also extends coverage to family members while back in the U.S. where military care is not available at all.

Family members in the program can see a provider twice a year for dental exams, cleanings and X-rays at no cost.

Sealants, routine fillings, oral surgery and other procedures are also covered up to the \$1,200 yearly maximum. And, yes, even half the cost of braces is covered for eligible family members overseas.

An additional benefit of using this program is the assurance of seeing the same provider for each dental visit. There are several offices on the local economy in the Spangdahlem-Bitburg area on the TRICARE-approved provider list.

Each office has gone through an extensive survey before it was added to the approved list.

Among the requirements, each dentist on the list must speak English, be a graduate of a dental school and possess a current German dental license, wear a mask and gloves during treatment, and sterilize their instruments.

Signing up is as easy as the click of a mouse. If family members are not already signed up for this program, go to www.TRICAREdentalprogram.com to sign up.

Enroll online or print the forms and mail or fax them.

After the first month's premium is paid online, future premiums will be automatically deducted from the member's monthly pay.

More specifics about the overseas benefits can also be found online at www.europe.tricare.osd.mil, including names, phone numbers and addresses of approved local providers.

The dental clinics at both Spangdahlem and Bitburg can also help answer any questions about the TRICARE Dental Program and offer provider lists.



Eifel Arms Inn offers families holiday specials

by the 52nd Force Support Squadron

The holidays are a time for family, but finding a place for guests to stay can be frustrating. The Eifel Arms Inn's Home for the Holidays program helps alleviate the stress of finding comfortable and convenient lodging for visiting family and friends.

Previous space-available policies allowed guests to make reservations only three days in advance.

"This leaves little time for planning and can lead to a great deal of uncertainty and undue stress," said Doug Marchel, Eifel Arms Inn manager.

Lodging's new, more liberal space-available policy now allows for reservations more than 30 days in advance during periods of low occupancy.

With Spangdahlem Air Base's Home for the Holidays program, active-duty military and Department of Defense civilians stationed at

Spangdahlem Air Base can reserve rooms at the Eifel Arms Inn beginning Nov. 3 for the Christmas and New Year's holidays. Guests may reserve rooms for up to seven days.

The lodging staff has already set aside rooms for the anticipated load of Temporary Duty and Permanent Change of Station guests, and the remaining rooms will be released for holiday reservations.

The program was implemented for the first time last year and allowed 40 percent more guests to stay at the inn than the previous year.

Lodging is hoping for another successful year in 2008, accommodating even more guests in support of the community and team Spangdahlem.

Any military or civilian member stationed at Spangdahlem who is entitled to make a space-available reservation is invited to take part in this program.

Call 452-5107, Monday - Friday, from 8 a.m. - 4:30 p.m. to make reservations.

Chapel News

Spangdahlem Air Base services

Catholic Mass

- Sundays at 9 a.m.
- Daily Mass at 11:45 a.m. Mondays, Wednesdays and Fridays
- Sunday religious education and RCIA at 10:15 a.m. until May in building 136

Protestant

- Sundays at 10:30 a.m.: traditional/liturgical service

- Sundays at 12:30 p.m.: in Korean
- Sundays at 5 p.m.: Evangelical service

Bitburg Annex services

Catholic Mass

- Sundays at noon
- Daily Mass Tuesdays at 11:45 a.m.

Protestant

- Sunday at 9:30 a.m.: Gospel service

Islamic and Jewish services

For more information about these and other chapel events, call 452-6711.

Miscellaneous notes

The German Catholic Choir "Caecilia" from Grandsdorf will once again perform in two of the Spangdahlem worship services Nov. 2. The performances will be primarily in Latin and can be seen at the 9 a.m. Catholic Mass and at the 10:30 a.m. Protestant Traditional service. For further details, call the chapel office at 452-6711/6281.





Sports briefs

Aqua massage bed

Experience a water jet massage without getting wet at the fitness center. The new aqua massage bed has 36 computer-controlled water jets simulating a finger tip massage with adjustable water pressure, temperature and pulsating frequency. Cost is \$15 for 15 minutes or \$20 for 30 minutes.

Fitness center hours

The fitness center is open 4 a.m.-midnight Monday-Friday and 7 a.m.-5 p.m. weekends, down days and holidays. Cardio access is no longer offered 24/7. The fitness center can be reached by calling 452-6634.

Fitness center exercise classes

All classes are on Spangdahlem Air Base unless noted otherwise and are subject to change.

- **Circuit training** – Mondays and Wednesdays at 3 p.m.
 - **Equipment Orientation** – Fridays at 10 a.m.
 - **Indoor Cycling** – Mondays-Wednesdays at 6 a.m., Thursdays at 6:30 a.m., and Mondays-Thursday at noon and 4 p.m.
 - **Sports conditioning** – Mondays and Wednesdays at 5 a.m.
 - **Hardcore/Kickboxing** – Tuesdays and Thursdays at 5 p.m.
 - **Sculpting** – Wednesdays at 11 a.m. and Tuesdays and Thursdays at 9 a.m. in Bitburg
 - **TaiJi Quan** – Mondays and Thursdays at 11 a.m. and Tuesdays and Thursdays at 6 p.m. at Bitburg
 - **Yoga** – Monday-Thursday at 10 a.m. in Bitburg.
- A single session is \$5 or a 10 session punch-card can be purchased for \$40

Operation Military Children for Sports

Operation Military Children for Sports hosts a parents meeting at 6 p.m. Nov. 6 in the Spangdahlem Middle School gym. All parents with a middle school-aged child are welcome to participate. The meeting will cover who we are and what we want to accomplish. Operation Military Children for Sports is a program designed to start a competitive sports program for middle schoolers.

Rowing challenge

Until Nov. 1, participants are encouraged to row 100,000 or 200,000 meters at the Eifel Fitness Center. Contestants will compete for prizes and a random drawing for at least 10 participants who rowed more than 100,000 meters. For more information, call 452-6634 or 06565-61-6634.

Spangdahlem MMA

Spangdahlem Mixed Martial Arts meets Tuesdays and Thursdays at 6 p.m. in the fitness center. The club is open to military and civilians age 17 and older of all skill levels with a membership fee. Disciplines taught include ju-jitsu, boxing, wrestling, tai boxing and kali.

Wrestling team

The base wrestling team meets in the fitness center aerobic room Mondays and Wednesdays at 6 p.m. Everyone is welcome regardless of experience level.

For more sports briefs, visit www.spangdahlem.af.mil and click "sports briefs."

Community happenings

Editor's Note: Submit community advertisements 10 days before the desired publication date to editor@saberherald.com. Call the 52nd Fighter Wing Public Affairs Office Internal Information Section at 452-5244 for more information.

Airmen Against Drunk Driving

Airmen Against Drunk Driving saved 498 Airmen's lives during 2008. For a ride home, call AADD at 06565-61-2233.

Community Calendar

To view a calendar format of base happenings, visit www.spangdahlem.af.mil and click on 52nd Fighter Wing Community Calendar under the Customer Service Information tab.

Dorm manager openings

The 52nd Civil Engineer Squadron has two staff sergeant dorm manager positions open. Those interested in applying must have a desire to lead, a letter of consideration signed by their commander, copies of their last three EPRs, a copy of their enlisted SURF and at least 24 months left on their Date Eligible for Return from Overseas. For more information, call Tech. Sgt. Sonja Martin at 452-6692.

Family child care providers

Family child care provides high quality care for children of government employees within a safe environment. All homes are inspected regularly, are insured, and meet the Department of Defense requirements for quality childcare. For information about FCC providers or becoming a FCC provider, call 452-9022, 06565-61-9022 or cell phone 01607-08-4352

Foggy Fields Bazaar

The American Women of Geilenkirchen host the 20th Annual Foggy Fields Bazaar from Nov. 7-9 at Geilenkirchen NATO Air Base, Hangar 4. The AWGK is a primary source for philanthropic funds to support American and NATO-nation organizations, as well as providing college scholarships to worthy students. Vendors at the bazaar will include antiques, jewelry, rugs and wine, among others. The bazaar will be open from 10 a.m.-6 p.m. Nov. 7-8, and from 10 a.m.-4 p.m. Nov. 9. For more information, visit <http://foggyfieldsbazaar.checkoutmypage.com> or e-mail foggyfieldsbazaar@gmail.com.

Girl Scouts

The Girl Scouts need adult volunteers to help with the program. Materials and training are provided. For more information, e-mail spangdahlemgirlscouts@hotmail.com.

Halloween fun run

A Halloween 5k fun run/walk will be held at noon and 4 p.m. Oct. 30 at the fitness center. All ages are encouraged to attend. Participants should wear proper shoes and workout attire. Call Juergen Stockemer at 452-6634 for more information.

Holiday Bazaar

The Spangdahlem Officers' and Civilians' Spouses' Club hosts its annual Eifel Holiday Bazaar in Hangars 1 and 2 Nov. 21-23. More than 100 vendors selling wine, cheese, toys, furniture and more will be in attendance as well as 30 new vendors. All of the proceeds raised by OCSC from this event are returned to the

Spangdahlem/Bitburg community in the form of donations to base affiliated organizations.

Information Tickets and Travel

For more information contact the ITT office at 452-6567 or 452-7770, or just check out their upcoming trips at www.52services.com/NewFiles/trips_tours.html.

Iron Chef competition

The Mosel Dining Hall hosts the Iron Chef Competition at 2 p.m. Dec. 3 in the Mosel Dining Hall, building 147. All authorized customers are eligible to compete. Deadline to sign up is close of business Dec. 1. Call Tech. Sgt. Turaeza Hose at 452-6727 for more information and to sign up.

LVIS gate hours

The Large Vehicle Inspection System (Herforst) gate is open to personally owned vehicles Monday through Fridays, 6 a.m.-6:30 p.m. (inbound traffic) & 6 a.m.-8 p.m. (outbound traffic). The gate is closed on weekends, Wing Down Days and all American Holidays.

Ration card system outage

There will be a scheduled outage for the Esso fuel ration card system from 5 - 9 a.m. Nov. 2 to reset the system clocks to the Standard Time system. During that four hour downtime, customers on the fuel ration card program will not be able to purchase gas with their Esso fuel ration cards. This applies to on and off installation purchases. Those still using the old registration document for ration deduction or have Esso coupons, will still be able to purchase fuel during this time.

SILT needs members

The Bitburg High School School Improvement Leadership Team is looking for members to add to its roster for the 2008-2009 school year. They are looking for parent and student volunteers to serve on this committee. The SILT team is a committee composed of BHS administration, faculty, parents and students who generally meet once or twice a quarter. Volunteer by contacting pat.clark@eu.dodea.edu or beth.howard@eu.dodea.edu before Oct. 31.

Volunteer of the Quarter Award

Volunteer of the Quarter Award nomination packages are due by 4 p.m. Nov. 7 to the Airman & Family Readiness Center, building 307, or by e-mailing them to amy.smith2@spangdahlem.af.mil. The award nomination period covers volunteer activities from July 1-Sept. 30. All registered volunteers are eligible for nomination. An award package includes a cover letter and AF Form 1206. For more details, call the A&FRC at 452-6422.

WWE meet and greet

World Wrestling Entertainment hosts a star meet and greet and autograph session from 3 - 5 p.m. Nov. 8. WWE star Divas Michelle, Extreme Championship Wrestling superstar Matt Hardy and Smackdown superstar Tripl H will all be present at the free event. The visit will be shown on national television at 9 p.m. Dec. 20 on NBC. It will also be carried by AFN-TV worldwide for all military personnel.

For more community briefs, visit www.spangdahlem.af.mil and click the "community happenings" link.

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SPANGDAHLEM SKYLINE

Friday, Oct. 31

7 p.m. The Longshots (PG)
10 p.m. Mirrors (R)

Saturday, Nov. 1

7 p.m. The Rocker (PG-13)
10 p.m. Body of Lies (R)

Sunday, Nov. 2

4 p.m. The Longshots (PG)
7 p.m. The Rocker (PG-13)

BITBURG CASTLE

Friday, Oct. 31

7 p.m. Tropic Thunder (R)

Saturday, Nov. 1

7 p.m. Death Race (R)

Sunday, Nov. 2

4 p.m. Beverly Hills
Chihuahua (PG-13)

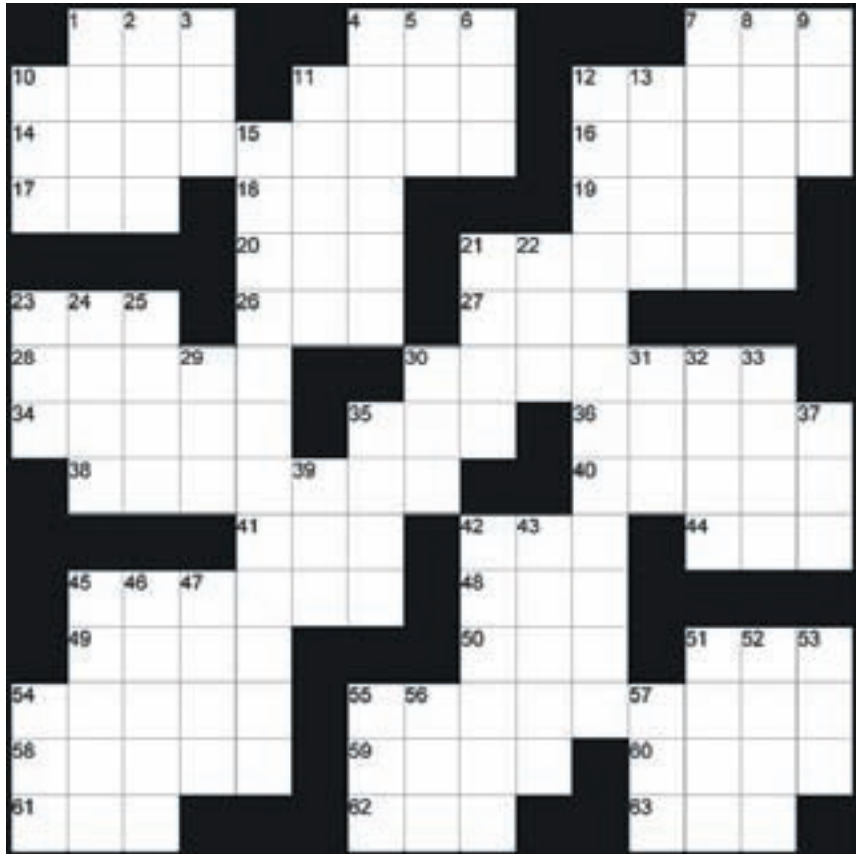


Body of Lies

“Body of Lies” is based on Washington Post columnist David Ignatius’ 2007 novel about CIA operative, Roger Ferris, who uncovers a lead on a major terrorist leader suspected to be operating out of Jordan.

When Ferris devises a plan to infiltrate his network, he must first win the backing of cunning CIA veteran, Ed Hoffman, and the collegial, but perhaps suspect, head of Jordanian intelligence. Although ostensibly his allies, Ferris questions how far he can really trust these men without putting his entire operation – and his life – on the line.

Featuring: Leonardo DiCaprio, Russell Crowe, Mark Strong, Golshifteh Farahani



- 40. Fool or simpleton
- 41. Mil. pay entitlement during PCS
- 42. Acne
- 44. Scream during Halloween
- 45. Ghost seen during Halloween
- 48. Lyrical poem
- 49. Ear part
- 50. Russian space station
- 51. Tree product
- 54. British television host and cookbook writer Smith
- 55. Italian mathematician who founded a sequence of integers
- 58. Bread mold?
- 59. Forget
- 60. Acting role
- 61. USAF appraisal for AB-SMSGT
- 62. Norma ____; Fields movie
- 63. Single

- 30. Mock
- 31. USAF examination for a wing's ability to do its mission
- 32. Hackman of Behind Enemy Lines
- 33. Nickname for an American
- 35. Immediately
- 37. Soap
- 39. The Greatest
- 42. Halloween ghoul
- 43. Dummy
- 45. Go to bed
- 46. Type of bear
- 47. Large wading bird
- 51. Observe
- 52. Land measurement
- 53. Hole
- 54. Color
- 55. In favor of
- 56. USAF Reservist
- 57. Mil. overseas address starter

DOWN

- 1. Complete
- 2. USN equivalent to AFSC
- 3. NY Giant Manning
- 4. Awkwardly heavy
- 5. ____ Moines
- 6. Place
- 7. Extra
- 8. Caribbean country
- 9. Grumpy Old Men actress ____-Margret
- 10. A black one is a Halloween icon
- 11. Stadium
- 12. Carved pumpkin that is a Halloween icon
- 13. Frenziedly
- 15. Halloween saying
- 21. California wine valley
- 22. Wedding words
- 23. Beginning of a 26-letter string
- 24. Hit
- 25. Duo
- 29. ____-Magnon; early man

Boo!

by Capt. Tony Wickman
USAFE Public Affairs

ACROSS

- 1. Rapping Dr.
- 4. Music holders
- 7. Singing group ____ Na Na
- 10. Fuel source
- 11. Away from the wind
- 12. Land of the Rising Sun
- 14. 2001 Ryan Phillippe film
- 16. With full force
- 17. Golf prop

- 18. Stimp's pal
- 19. Bud of Harold and Maude fame
- 20. Pen filler
- 21. Stock market in 12 Across
- 23. Cleo killer
- 26. Small low island
- 27. Bother
- 28. Color synonymous with Halloween
- 30. I'm sorry
- 34. Egyptian capital
- 35. Health resort
- 36. GI JOE: ____ American Hero
- 38. Make an arrangement on a basis of proportional distribution



Solutions to the Oct. 24 crossword puzzle



Weapon law revisions may affect sports enthusiasts

Courtesy of HQ U.S. Army Installation Management Command, Europe Region

A recent revision of German weapons legislation may affect U.S. personnel who own firearms and knives, including paintball and softair guns.

The weapons legislation revision may require permits to own those items, and the revision also prescribes what owners are legally able to do with the weapons and knives, said Rafael Wunsch, consultant for Installation Management Command-Europe Morale Welfare and Recreation Division's Business Branch - Hunting, Fishing, Sport Shooting, Value Added Tax, Volksfests Section.

Mr. Wunsch said all U.S. personnel – particularly those involved in weapons-related activities such as hunting, paintball or target shooting – should be aware of the requirements and prohibitions contained in German weapons legislation. These include the following:

- A prohibition on carrying softair guns and other real firearm look-alikes in public;
- A German “small arms” permit requirement for starter/signal guns or devices
- A prohibition on nunchakus, throwing stars and switchblades or butterfly knives
- Folding knives that can be opened using only one hand, or fixed blade knives with a blade length of 4.72 inches or longer, should only be carried when really needed for activities such as gardening, hunting or camping; these types of knives may not be carried while shopping, strolling or going out at night. The Army in Europe Regulation 190-6 prohibits U.S. Forces members from carrying knives with a blade length of 3 inches or longer, unless they are carried for an approved and acceptable purpose such as hunting, gardening or camping.

See **WEAPONS**, Page 12



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WEAPONS, from Page 11

“Actually, when going out, no knives, or other weapons of any kind, should be brought along,” Mr. Wunsch said. “There is no advantage to have those items while going out, but there are potentially massive legal disadvantages.”

- Paintball markers must bear a stamp in the form of the letter “F” surrounded by a pentagon. Otherwise, the device will be considered a real firearm, which requires a permit

- Paintball markers may not be carried in public - only on approved paintball playing fields

- Paintball markers and other firearms must be transported unloaded in the trunk of a car

- Owning real firearms requires a German permit and they must be transported unloaded in a locked container in the trunk of a car

- Storing real firearms or ammunition in quarters requires a permit. Storage must be in an approved weapons safe

- In addition to knowing legal requirements and prohibitions in German law, Mr. Wunsch said personnel owning and using weapons

or knives should exercise sound judgment. He offered several tips to weapons owners:

- Don't play paintball in the woods or parks – this is only authorized on approved paintball fields

- Don't take softair or other real firearm look-alikes on the street or in the woods. In both cases, authorities could mistake them for a lethal weapon

- Don't take weapons, such as one-hand opening knives or fixed blade knives 3 inches or longer, or similar items, when strolling through town or going out at night

- Paintball markers without the “F” stamp should be sent back to CONUS

- Other potentially prohibited items should be properly disposed off or shipped back to CONUS

- Take a look at AER190-6 for more weapons info and a list of prohibited items

“Awareness of and familiarity with the German weapons legislation is important because weapons ownership and pursuit of related sporting activities for U.S. forces mem-

bers is available in many areas,” Mr. Wunsch said. “The U.S. forces in Germany have an excellent hunting, fishing and sport shooting program. We offer hunting courses, assist in finding hunting opportunities, conduct sport shooting events, offer fishing courses and trips, and offer many other activities.”

The scope of programs is quite extensive, from fishing in a local pond to hunting wildebeest in Africa, he said.

“The important part is that U.S. personnel are familiarized with the rules of the host nation to stay out of trouble,” Mr. Wunsch said.

For more information call 370-3727 or 06221-57-3727.



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torsport, Just pasted inspection, Pwr windows & locks, sunroof, heated seats, trailer hitch, new winter tires. \$3,000 O.B.O. Call 06562 974 174 or 0160 690 6002

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